

# **St John Baptist (Southend) CE Primary School**



# **SEX & RELATIONSHIPS POLICY**

**Reviewed: February 2016**

**Review Date: February 2018**

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### **Sex and Relationships Education Policy**

The Governing Body at St John Baptist CE Primary School believes that everyone is created in the image of God and is of infinite worth. The school's Sex and Relationships policy is based in Christian values. In our Christian community relationships are based on these core values: loving, caring, attitudes; concern for the whole person; justice and respect for others.

#### **Aims and Objectives**

The aim is to provide a sex and relationships policy that is age appropriate and in line with the physical and emotional maturity of the children, while giving a safe and supportive framework for children to explore and ask questions.

Sex and relationships education has three main elements:

- Attitudes and values
- Personal and social skills
- Knowledge and understanding

To provide lifelong learning about physical, social, moral and emotional development, we cover these at St John's with the following aims:

- To build up pupils' self esteem
- To develop a sense of personal responsibility
- To help pupils examine their attitudes to their own health and sexual issues and discuss these attitudes
- To give pupils facts about their own bodies, those of the opposite sex, reproduction and keeping healthy, appropriate to the age of the pupil
- To give pupils skills to keep safe.

The programme that we teach must also take into account the developmental differences of children, within their age groups.

The **Early Years and Key Stage 1** taught programme will be an initial focus on education about the importance of relationships, learning about bullying and the building of self esteem. Children will also need an understanding of personal hygiene, personal safety and body awareness.

At **Key Stage 2**, the programme will develop a knowledge and understanding of issues such as human redevelopment and production, puberty, personal hygiene and developing good and respectful relationships with other people.

### **Sex and Relationships Programme**

St John's School uses the Channel 4 'Living and Growing' series (Y5/6), with accompanying resource books in conjunction with the PSHE Scheme of Work to deliver their sex and relationships programme.

### **Teaching and Learning**

A number of teaching methods may include:

- small group activities
- TV/DVD and follow up
- whole class discussion
- drama/role play

Teaching methods will take into account the developmental differences within children and the potential for discussion on a one-to-one basis.

Teachers will need to exercise their discretion and judgement about how to deal with particular explicit issues raised by individuals as it may be unsuitable to deal with certain questions on a whole class basis.

Teachers will answer pupils questions sensitively, and give due consideration to any particular religious or cultural factors bearing on the discussion of sexual issues.

### **Resources**

The Living and Growing Programme will be kept in its 'lunchbox' style carry-case, in the resources room. The carry-case must be left in the room at all times and DVDs and resources books returned after use. There are a number of other sex and relationships materials that will be of use to teaching staff in the box marked 'sex and relationships education'.

## **Equal Opportunities**

We will ensure that:

- the curriculum is accessible to all pupils regardless of race, gender, religion and disability
- the curriculum and teaching reflect positive images and cultural diversity
- the programme will relate to our pupils experiences and individual needs, and will reflect cultural and religious concerns.

## **Delivery of the Programme**

The programme will be taught, in each year group in the first half of the summer term. Some areas of human reproduction may overlap in the science curriculum at other times, as may other topics taught through PSHE topics.

The Channel 4 'Living and Growing' DVDs will be made available, for parents viewing, at a designated time each year and parents do have the right to withdraw their child from the teaching of this part of the programme.