

# **St John Baptist (Southend) CE Primary School**



## **Personal, Social and Health Education (PSHE) and Citizenship Policy**

**Agreed: March 2014 (Spring term)**

**Review Date: March 2019**

**By: Curriculum and Pupil Welfare Committee**

## **St John Baptist (Southend) CE Primary School**

### **Personal, Social and Health Education (PSHE) and Citizenship Policy**

The Governing Body at St John Baptist CE Primary School believes that everyone is created in the image of God and is of infinite worth. The PSHE policy is based in Christian values. In our Christian community relationships are based on these core values: loving, caring, attitudes; concern for the whole person; justice and respect for others.

#### **Aims and Objectives**

Personal, social and health education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in the life of school and within the local community. In doing so, we develop a sense of self worth. We teach them how society is organised and governed and ensure that they experience democracy through the school council. We teach them about rights and responsibilities and they learn to appreciate what it means to be a positive member of a diverse multicultural society.

The aims of PSHE and citizenship are to enable children to:

- Know and understand what constitutes a healthy lifestyle
- Be aware of safety issues
- Understand what makes for good relationships with others
- Have respect for others
- Be independent members of the school community
- Develop self-confidence and self esteem, and make informed choices regarding personal and social issues
- Develop good relationships with other members of the school and the wider community

#### **Teaching and Learning**

We use a range of different teaching and learning styles. We place emphasis on active learning by including children in discussions, investigations and problem solving activities.

We encourage children to take part in a range of practical activities that promote active citizenship, e.g. fundraising at school events and working with groups less fortunate than themselves, such as local special needs schools. We organise our classes so that pupils are able to participate in discussion on a daily basis. Children act as

leaders in resolving conflict or in setting classroom rules or behaviour expectations.

We offer children the opportunity to hear visiting guest speakers, such as police, fire brigade and representatives from the local church, who talk about their role in creating a positive and supportive local community. We support this learning by taking children off site to participate in events such as The Junior Citizens Forum and have created a month long link with St Christopher's Hospice for Year 5 children.

### **PSHE and Citizenship Curriculum Planning**

We teach children PSHE and citizenship in a number of different ways. In some instances, e.g. sex and relationship education, we teach PSHE and citizenship as a discrete subject. Most of the time PSHE is introduced through other subjects through our Irresistible Curriculum, e.g. fire safety through the Year 2 topic 'Fire Fire!'

Our values education offers weekly opportunities to create meaningful links between current value words and relevant PSHE themes. There is also a large overlap between the programme of study for religious education and the aims of PSHE and citizenship.

On occasions, we will use schemes of work to support PSHE topics that are linked to The Irresistible Curriculum. The schemes may be used to deliver during a weekly circle time or a question/answer and interactive discussion forum.

At St Johns we use the following:

- Health for Life PSHE Scheme in Years 1 and 2
- Answers PSHE Scheme in Years 3 to 6

We also develop PSHE and citizenship through activities and whole school events, e.g. the school council representatives from each class meet regularly to discuss school matters. We offer a residential visit to Arethusa in Year 6, where there is a particular focus on developing pupils self-esteem and gives them opportunities to develop leadership and co-operative skills.

### **Foundation Stage**

We teach PSHE and citizenship in Reception class as an integral part of the topic work covered during the year. We relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). We also develop a child's knowledge and understanding of 'The World'.

## **Teaching PSHE and Citizenship to Children with Special Educational Needs and Disabilities (SEND)**

At St John's, we teach PSHE and citizenship to all children, whatever their ability. Through our PSHE teaching, we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs. We enable pupil's access to a full range of activities involved in learning PSHE. Where children participate in activities outside the classroom, we carry out a risk assessment prior to the activity, to ensure that it is safe and appropriate for all pupils, regardless of their needs.